Histopathological Features of Deep Soft Tissue Epithelioid Angiosarcoma in the Lower Extremity: A Rare Case Report

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Conflict of interest: None declared

Patient: Male, 65-year-old
Final Diagnosis: Epithelioid angiosarcoma
Symptoms: Pain
Medication: —
Clinical Procedure: —
Specialty: Oncology • Pathology

Objective: Rare disease
Background: Epithelioid angiosarcoma is an extremely rare malignant disease of the endothelial cells. Most of the previous reports about this disease were regarding clinical features and radiological findings, with limited descriptions of pathological diagnosis. This report aimed to present a reference to increase understanding of the timely diagnosis of epithelioid angiosarcoma.

Case Report: A 65-year-old male was diagnosed with epithelioid angiosarcoma originating from the deep soft tissue of the lower leg. He had a history of 2 months of rapid swelling and painful in the left lower leg, which occurred after a muscle cramp, and was clinically suspicious for hematoma. Radiological examination revealed a large heterogeneous soft-tissue mass. Histopathology results showed that the mass was malignant, and the differential diagnosis was a malignant vascular tumor, melanoma, poorly differentiated carcinoma, clear cell sarcoma, epithelioid sarcoma, and anaplastic large-cell lymphoma. Immunohistochemistry findings confirmed that it was an epithelioid angiosarcoma.

Conclusions: This case underscores the difficult of diagnosing epithelioid angiosarcoma. It requires careful pathological investigation and immunophenotype labeling.

MeSH Keywords: Extremities • Immunohistochemistry • Pathology • Sarcoma • Soft Tissue Neoplasms

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Background

Angiosarcomas are rare malignancies of the endothelial cell. They generally account for fewer than 1% of all soft-tissue sarcomas, and just 10% of all angiosarcomas arise in deep soft tissues. They usually occur at the site of local and/or distant metastasis, and the lungs are the most frequent site for metastases. Often, the prognosis for patients with angiosarcomas is poor [1,2]. There are three subtypes of angiosarcomas: categorized as visceral (occurring in body organs), cutaneous, and soft tissue. They are histologically classified based on their differentiation in forms such as endothelial cell atypia or high-grade spindle malignant cells. Tumors with malignant endothelial cells are defined as epithelioid angiosarcoma (EA) due to their predominantly (or specifically) epithelioid appearance [3,4]. EA frequently arises in the soft tissues of the extremities (mainly intramuscular), but other sites with EA are also often seen, such as skin, bone, thyroid gland, or adrenal glands. They are more common in older patients, with a median age ranging from 60 to 71 years [1,5,6]. EA diagnosis is a challenge because it is usually mistaken for other injuries such as epithelioid hemangioendothelioma, epithelioid hemangioma, metastatic carcinoma, metastatic melanoma, epithelioid sarcoma, lymphoma, and others sarcomas with epithelioid features [7].

The purpose of this report, therefore, was to examine EA, a rare disease that is diagnosed and treated in our hospital, and to present a reference to increase understanding of the timely diagnosis of epithelioid angiosarcoma.

Case Report

A 65-year-old male patient was admitted to our hospital. He had a 2-month history of rapid swelling and painful in the left lower leg, which started after a muscle cramp and was clinically suspicious for hematoma. Table 1 shows the nonspecific changes in laboratory findings for this patient, such as anemia and increase in high-sensitivity C-reactive protein.

An ultrasound of the left calf muscles showed a mixed hyper-echoic and hypoechoic, ill-defined area measuring 13×7×12 (cm). There were components with liquid-density, posterior enhancement, non-vascular color Doppler signals, and infiltration of the surrounding area.

Computed tomography (CT) scan revealed a 14×10×6-cm mass on the back of the left leg, with a fluid-density component and soft tissue. This mass changed the normal anatomical structure of muscle bundles and the inside of it was mostly solid, enhanced, and hypervascular (Figure 1).

Table 1. Laboratory investigation of the patient.

<table>
<thead>
<tr>
<th>Laboratory investigation</th>
<th>Result</th>
<th>Normal range reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red blood cells (T/L)</td>
<td>3.06</td>
<td>4.3–5.8</td>
</tr>
<tr>
<td>Hemoglobin (g/L)</td>
<td>92</td>
<td>140–160</td>
</tr>
<tr>
<td>Hematocrit (l/l)</td>
<td>0.27</td>
<td>0.38–0.50</td>
</tr>
<tr>
<td>Neutrophils (G/L)</td>
<td>42.98</td>
<td>4–10</td>
</tr>
<tr>
<td>Eosinophils (G/L)</td>
<td>3.7</td>
<td>0.00–0.05</td>
</tr>
<tr>
<td>High-sensitivity CRP (mg/L)</td>
<td>173.16</td>
<td>0.00–5.00</td>
</tr>
<tr>
<td>Immunoassay test for HIV</td>
<td>Negative</td>
<td>Negative</td>
</tr>
</tbody>
</table>

Figure 1. CT image of the lower leg showing a heterogeneous soft-tissue mass.

All preoperative findings (clinics, laboratory, imaging) suggested a diagnosis of hematoma.

Based on the multidisciplinary tumor board’s recommendation, surgery was performed several days later. Small samples were taken of irregular, soft, gray-white material mixed with hemorrhagic, necrotic areas.

Microscopically, Hematoxylin-Eosin-stained sections demonstrated large epithelioid cells with a round or polygonal shape and nuclei containing prominent nucleoli in central to eccentric sites. The chromatin was peripherally margined within the nucleus. Architecturally, the cells were primarily arranged in sheets. Mitotic figures, including abnormal mitoses, were frequently seen (Figure 2).
Immunohistochemical staining was analyzed in the standard Envision method. Malignant cells were found to be focally positive for S100, CKAE1/AE3, CD34, and Ki67 (50%); diffusely positive for CD31, Factor VIII, Vimentin; and negative for HMB45, Melan A, LCA, ALK, SMA, EMA, CD30 (Figure 3).

The histological findings and immunohistochemical results confirmed the diagnosis as epithelial angiosarcoma.

**Discussion**

EA is a rare form of angiosarcoma, characterized by large cells with an epithelioid appearance. It is a poorly differentiated malignancy and described by aggressive biological behavior [8].

Diagnosing epithelioid angiosarcoma remains difficult because it is so rare and can be confused with epithelioid hemangiendothelioma, epithelioid hemangioma, metastatic carcinoma, metastatic melanoma, epithelioid sarcoma, lymphoma, and many sarcomas with epithelioid features [7]. The clinical features, prognosis, and immunohistochemistry of this lesion have not yet been clearly elucidated [9].

Clinically, EA originates in endothelial cells, therefore, it can develop in any part of the body and affect patients at all ages [10]. However, EA occurs more frequently in older patients, at a median age from 61 to 71 years, and predominantly in males [11,12]. EA usually presents as a rapidly growing mass that is palpable when in an extremity. Patients may have pain or discomfort related to mass effect. Without treatment, the tumor might rapidly grow to over 20 cm. Some symptoms, such as hemorrhage, local ulceration, and focal edema, can present when the tumor size increases [1]. The etiology of EA remains unknown. However, specific risk factors have been identified, such as previous irradiation, arteriovenous fistulae, toxic chemical exposure, and chronic lymphedema [13].
On imaging, the soft tissue of EA may appear as an irregular soft tissue mass with enhancement on contrast-enhanced CT. In more advanced cases, invasion of underlying bone or nearby solid organs can occur. Also, calcification of soft tissue can be seen [1].

Macroscopically, gross findings from EA are very similar to those of typical angiosarcomas. They tend to be hemorrhagic, porous masses, because of their inherent vascular nature, with a cut surface that is grey-white or grey-red. The lesions often have an indistinct margin and extend beyond the obvious gross confines of these margins. That makes it difficult for the surgeon to ensure a total resection [7].

Microscopically, distinguishing between EA and other epithelial tumors in diagnosis is challenging. Histologically, EA sometimes is misdiagnosed as metastasis carcinoma [7]. Identification of occasional cells with erythrocytes in intracytoplasmic lumina can lead to diagnosis of EA. Architecturally, EA cells most commonly are arranged mainly in sheets, following by cords or cellular islands [7,13].

**Figure 3.** Images of immunohistochemical staining of EA (original magnification ×400). Malignant cells were diffusely positive for CD31, Factor VIII, and vimentin, and focally positive for CKA1/AE3 and Ki67 (50%).


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In immunohistochemical analysis, the epithelioid variant, which highly positive for Vimentin, is the most common form of EA. It always stains positive for Factor VIII. In most cases, CD31 is weakly positive, largely due to the high sensitivity of this marker. Approximately 40% to 100% of cases of EA are positive for CD34, and it may tend to stain in areas with vessel formation, which is easy to see. Thus, it is limited with the lesions of utility in sheet and poor differentiation. CKA1/E3 stains are counted for over 35 percent of angiosarcomas, have the range of positivity from 78 to 100 in fewer studies, particularly the exploration of the epithelioid cell variants [8]. Malignant epithelial cells in EA are usually negative for synaptophysin, S-100, EMA, CEA, CD20, and HM34 [4,7,14].

In our case, clinical features and histopathological findings were consistent with the diagnostic criteria for EA. The differential diagnosis also was quite diverse. As we mentioned earlier, the histological features of EA are often nonspecific and difficult to directly confirm via microscopic evaluation on Hematoxylin-eosin staining sections. It is easily misdiagnosed as carcinoma or other tumors with an epithelial appearance, such as melanoma, clear cell sarcoma, poorly differentiated carcinoma, epithelioid sarcoma, and anaplastic large-cell lymphoma. On immunohistochemical analysis, positivity for an endothelial marker (CD31, CD34, Factor VIII), Vimentin, and EMA negativity help to differentiate EA from poorly differentiated carcinoma and epithelioid sarcoma. Its negativity for S-100, HMB-45, and Melan-A helps to exclude clear cell sarcoma and melanoma. Because cytokeratins are positive in about one-third of cases of soft tissue angiosarcoma, and particularly with EA, they cytokeratins cannot be used to accurately differentiate between EA and poorly differentiated carcinoma. When tumor cells are negative for LCA, SMA, ALK, and CD30, the other possibilities also are excluded [6,7,15]. In the case of malignant vascular tumors, we excluded the diagnosis as epithelioid hemangioendothelioma because of the lower levels of atypical cells in EA.

Treatments for EA include complete surgical resection of the tumor, chemotherapy, and radiation therapy [16–18]. Approximately 50% of patients die due to the disease within 2 to 3 years after being diagnosed; nevertheless, in 20% to 30% of patients, the outcome is excellent [6,16].

Regarding prognosis of EA, metastasis to lymph nodes as well as other organs such as the lungs, bones, soft tissue, and skin can be seen, while the lungs are the only site of metastasis for most other malignant soft tissue tumors [4,6]. In our case, Ki-67 was showed about 50% positivity. According to one report, staining for Ki-67 with MIB--1 was seen in 10% of patients and over 72% of all subtypes of angiosarcomas studied, indicating that these malignancies have a highly proliferative nature. About 83% of patients with a high proliferative index (MIB-1 >10%) eventually died, while 67% of those with low growth index (MIB-1 <10%) may have been cured, so increased tumoral proliferation is adversely associated with prognosis [4].

Conclusions

EA in deep soft tissue is a rare histopathological form of angiosarcoma in particular and of soft tissue sarcoma in general. A combination of clinical characteristics, radiological findings, histopathology, and especially immunohistochemistry features is essential to quickly and accurately diagnosis this rare tumor.

References: